



Rtn. Francesco Arezzo
RI President

Rtn. K Palaksha
District Governor

Rtn. Amit Aravind
Assistant Governor

Rtn. Smitha Kamath
Zonal Lieutenant

Rtn. Shashikala Rajavarma
Club President

Rtn. Vanishree Rao
Club Secretary

Rtn. Rathnakar Udyavar
Club Treasurer

Rtn. Divyashree M S

Rtn. Sajani Shirali
Concord Editors

Avenue Directors

Rtn. Dr Shubha H S
Club Service

Rtn. Nagaraj Shetty
Vocational Service

Rtn. B Karunakar
Shetty

Community Service

Rtn. Subhas Bangera
International Service

Rtn. Rtn. Dr Girija A
New Generation Service

District Projects

Clean Environment for Good
Health

Awareness to Road Safety
Education with Legal Awareness
Go Green and Save Water

THE 4-WAY TEST

Of the things we think, say or do

- Is it the TRUTH ?
- Is it FAIR to all concerned ?
- Will it build GOODWILL and BETTER FRIENDSHIPS ?
- Will it be BENEFICIAL to all concerned ?

Club Service

Joint Meeting with RC Manipal Town & IFMR
Tuesday, 22nd July 2025 | Time: 06:30 PM
Rotary Bhavan, Manipal

Meeting Co-Ordinator : Rtn. Roshan Denzil Sumithra
Emcee: Ann Avani Amit

No. of Participants: 60

Overview

The evening saw a vibrant joint meeting of Rotary Club of Manipal (RCM), Rotary Club of Manipal Town (RCMT), and the International Fellowship of Motorcycling Rotarians (IFMR) Udupi Chapter. *The meeting was coordinated by Rtn. Roshan Sumitra and emceed by Ann. Avni Amit.* The session highlighted the adventurous spirit of Rotary through a travelogue-style talk titled “**Rotarians on Rotating Wheels**” by Ann Primcy Roshan, who shared her exhilarating experience of a motorbike road trip.

The weekly meeting on 22nd July 2025 was a Joint Meeting between RC Manipal, RC Manipal Town & IFMR Udupi Chapter. President Rtn. Shashikala Rajavarma & Secretary Rtn. Vanishree Rao escorted the distinguished Guests - RC Manipal Town President Rtn. Deepak Ram Bairy, RC Manipal Town Secretary Rtn. Mohan Nayak, IFMR Udupi President Rtn. Manoj Kumar Nagasampige & IFMR India President Rtn. Vijay Mane, AG Rtn. Amit Aravind to the dais.

Rtn. Manojkumar Nagasampige President – IFMR Udupi Chapter

Presented information on IFMR and Shared his experience Ride Together... Bond Forever. The first official ride of the IFMR Udupi Subchapter was nothing short of epic!

On 20th July 2025, riders hit the road for a 283 kms adventure to the stunning Bheemeshwara Falls – a journey through monsoon rains, winding ghats, rocky trails, and thrilling off-roads. From misty mountains to splashing through streams, it was a ride that tested the grit and strengthened bond. Every twist, turn, and drop of rain added to the spirit of fellowship and fun!



Rtn. Vijay Mane, President IFMR India spoke on the vision, mission & purpose of IFMR.

Ann Primcy, the speaker of the day, with a personal touch, narrated the whole saga of her adventurous ride with her husband Rtn. Roshan Denzil Sumithra & a team of bikers in an inspiring, interesting way, without omitting the scary, dangerous situations.



RCMT President Rtn. Deepak Ram Bairy spoke on the importance of the Joint Meetings and association of RCMT & IFMR. AG Rtn. Amit Aravind appreciated the two clubs for the initiative of joint meeting.

RCMT Secretary Mohan Nayal made announcements on the upcoming events and celebration.

Mementoes were exchanged between the two Club Presidents Rtn. Deepak Ram Bairy & Rtn. Shashikala Rajavarma.

Customised key chains were presented to all the members of IFMR & Pleasantries were distributed to RCMT members by President Rtn. Shashikala Rajavarma.

Annette Dr Sonia D/o Rtn. Dr Girija was recognised for her generous contribution of Rs. 25,000/- to RCM Charitable Trust.

Rtn. Rajavarma Ariga was recognised for securing 1st place in Kesaru Gadde Ota on 13th July 2025 at Paddy Plantation Drive that was organised in association with Nammura Gelayara Balaga, Sagri.

The meeting was concluded with Announcements & Vote of Thanks by RCM Club Secretary Rtn. Vanishree Rao, National Anthem & Group Photo.

It was a hearty enjoyable bonding meeting with inspiring moments from the Bikers Group!

Ann Avani as Emcee, Rtn. Divyashree at back stage & Technical Support by Additional Club Service Director Rtn. Prashanth Hegde contributed to the success of meeting.

Thought for the day:

Rtn Bhatati Kotian

'United Like the Spokes'

A wheel is a circle of balance. Each spoke plays a role; each part has purpose. In the same way, Rotarians form a community of strength. Each member contributing to a shared mission. Whether we walk, speak, or ride, our united actions drive meaningful change. The wheel doesn't choose a path; it follows the one with purpose. Let's stay united, keep turning, and move forward as one.



Rotary Information

Rtn Sesappa Rai

RC Manipal Town

The Rotary consists of following three entities Rotary International, Rotary Club and The Rotary Foundation. Rotary Club is a member of Rotary International and Rotarians are members of Rotary club. Currently there are 34 RI Zones all over the world, with an average of 15 Rotary International Districts in each RI Zone. Overall, there are 540 RI Districts in Rotary International. Rotary International is governed by the Board of Directors consisting of the RI President, President elect and 17 RI Directors.

RI Directors are Heads of two RI Zones and they form the member of Board of Rotary international. We are in RI Zone 7; there are 10 RI Districts in our Zone 7. Our RI Director is always alternatively Zone 4 or Zone 7.



International Service

22.07.2025: The Flag Exchange Ceremony was carried out between RCM President Rtn. Shashikala Rajavarma & IFMR India President Rtn. Vijay Mane of RC Indiranagar, Bangalore during the Club Service Joint Meeting.

Community Service



24.07.2025: President Rtn. Shashikala Rajavarma, Chairman District Projects Rtn. Rajavarma Ariga & Community Service Director Rtn. Karaunakar Shetty visited the site of the Social Forestry project with the Officials of the Dept of forestry, SKDRP people, local Panchayat officials for planning the execution of project.



22.07.2025: Rtn. Rajavarma Ariga, Zonal Coordinator -Environment, Zone 4, Dist 3182, was the Resource person at Govt. Hr. Pry. School, Athrady for a program on 'Tree Plantation & Environment Awareness'. He donated books on Environment, Earth & Water to the School Library.

New Generation Service



26.07.2025: Installation Ceremony for the Office Bearers of RY 2025-26 of Rotaract Club of Muniyal Group of Institutions was conducted in MIMAS Seminar Hall, Manipal. RCM President Rtn. Shashikala Rajavarma was the installation officer. DRR Rtr Nivas M R, Youth Service Director Rtn. Dr Girija, Club Chairman Rtn. Shreesha Hegde were the Guests of Honour. After the Installation Ceremony there was samplings were planted by the Rotractors. 10 Rotarians of RCM and other Rotaract Club members attended the Ceremony.



28.07.2025: Govt. P U Girls College, Udupi Interactors celebrating Vanamahotsava

Community Service (Cont'd) ...



Rtn. Rajavarma Ariga, Rtn. Col Madhav Shanbhag, Rtn. B Karunakar Shetty, Rtn. Farida Uppin, along with the President and Secretary, visited Vishrathidhama, an old age home in Manipal & distributed clothes (nighties, Tshirts, towels, bedspreads etc) & distributed fruits and biscuits.



26.07.2025: Installation Ceremony for the Office Bearers of RY 2025-26 of Rotaract Club of MAHE was conducted in MCOPS, Manipal. AG Rtn. Amit Aravind was the installation officer. DRR Rtr Nivas M R, Youth Service Director Rtn. Dr Girija, Rotaract Chairman Rtn. Jaivittal K S & RCM President Rtn. Shashikala Rajavarma were the Guests of Honour. DRR Rtn/Rtr Mahalasa Kini was felicitated by the Rotaract Club of MAHE. 10 Rotarians of RCM and other Rotaract Club members attended the Ceremony



27.05.2025: Sanskriti Setu – a unique Cultural Exchange Programme hosted by the Rotaract Club of SDM College of Ayurveda, Udupi (India) from District 3182 in collaboration with the Rotaract Club of KDUSC (Sri Lanka) from District 3220. Zoom link was provided to view the program online.

Vocational Service



26.07.2025: Autism Society of Udupi, Dr. A V Baliga Memorial Hospital Udupi, Kamal A Baliga Charitable Trust Mumbai & Rotary Club Manipal jointly organised Samveda – 12, an ongoing Parent Support Group Meeting for Parents of Autistic Children at Baliga Hospital, Udupi. President Rtn. Shashikala Rajavarma, Club Secretary Rtn, Vanishree Rao & Rtn. Rajavarma Ariga, Chaiman – District Projects participated in the event.

Rotarians in Action



23.07.2025: Rtn. Dr Jaygowri, Rtn. Dr Girija & Rtn. Shashikala Rajavarma participated in cultural programs on the occasion of Manipal Mahila Samaj Founders Day at Rotary Hall, Ananth Nagar, Manipal



26.07.2025: Rtn. Dr Shubha HS, Director, MIC MAHE was the Chief Guest in the Udupi Toastmasters Club that was conducted in KMC Interact Hall, Manipal.

Public Image

ಉದಯವಾಣಿ ಸುದಿನ

ಮಕ್ಕಳ ಮಾರಕ, ದೀರ್ಘಕಾಲೀನ ಕಾಯಿಲೆ ನಿರ್ವಹಣೆಗೆ ಪಿಪಿಸಿ ತುಂಬಾ ಸಹಾಯಕಾರಿ

ಮನೀಷಾ ಡಿ. 21: ಇಲ್ಲಿಗೆ ರೋಟರಿ ಭವನದಲ್ಲಿ, ರೋಟರಿ ವಾರದ ಸಭೆಯಲ್ಲಿ, ಕೊಡಿಯಾಟ್ರಿಕ್ ಪ್ರಾಲಿಯೇಟಿವ್ ಕೇರ್ (ಪಿಪಿಸಿ) ಬಗ್ಗೆ ಮಾಹಿತಿ ಕಾರ್ಯಕ್ರಮ ನಡೆಯಿತು.

ಮಕ್ಕಳ ಪ್ರಾಲಿಯೇಟಿವ್ ಕೇರ್ ತಜ್ಞೆ ಡಾ|| ಆರ್ಚನಾ ಅಯ್ಯಂಗಾರ್ ಮಾತನಾಡಿ, ಮಾರಣಾಂತಿಕ ಕಾಯಿಲೆಯಿಂದ ಬಳಲುವ ಮಕ್ಕಳಿಗಾಗಿ ಒದಗಿಸುವ ಉಪವಿಧಿಗಳನ್ನು ಆರೈಕೆ ಅಥವಾ ಪ್ರಾಲಿಯೇಟಿವ್ ಕೇರ್ ಬಗ್ಗೆ ಪ್ರಾಥಮಿಕ ಮಾಹಿತಿ ಎಲ್ಲರಿಗೂ ಅಗತ್ಯ. ಪ್ರತಿಯೊಬ್ಬರೂ ತಮ್ಮ ಪರಿಸರದಲ್ಲಿ ಅಂತಹ ಮಕ್ಕಳಿದ್ದರಲ್ಲಿ ಅವರನ್ನು ಭೇಟಿ ಮಾಡುವ ಮತ್ತು ಕುಟುಂಬದವರಿಗೆ ಭಾವನಾತ್ಮಕ ಬೆಂಬಲ ನೀಡುವ ಪರಿಪಾಠ ಬೆಳೆಸಿಕೊಳ್ಳಬೇಕು. ಜನನಾಮಾನ್ಯರಿಗೆ ಪ್ರಾಲಿಯೇಟಿವ್ ಕೇರ್ ಮಹತ್ವದ್ದೆಂದು ಜಾಗೃತಿ ಅಭಿಯಾನಗಳು ನಡೆಯಬೇಕು ಎಂದರು.

ಪೀಡಿಯಾಟ್ರಿಕ್ ಪ್ರಾಲಿಯೇಟಿವ್ ಕೇರ್ (ಪಿಪಿಸಿ) ಭಾರತದಲ್ಲಿ 2008ರಿಂದ ಅಸ್ತಿತ್ವದಲ್ಲಿದ್ದ ಮಾರಕ ಕಾಯಿಲೆಯಿಂದ ಬಳಲುತ್ತಿರುವ ಮಕ್ಕಳು ಗುಣಮುಖರಾಗುವವರೆಗೆ ಅಥವಾ ಜೀವನಾಂತ್ಯದ ವರೆಗೆ ರೋಗಿಯ ಕಾಲೀಕೆ ಮತ್ತು ಮನೋವೈಜ್ಞಾನಿಕ ತೊಂದರೆಗಳಿಗೆ ನಿರ್ವಹಿಸಲು ಮತ್ತು ಭಾವನಾತ್ಮಕ ಬೆಂಬಲ ನೀಡಲು ಇದು ಸಹಾಯವಾಗುತ್ತದೆ ಎಂದ ವಿವರಿಸಿದರು. ಡಾ|| ಬಾಲಚಂದರ್, ಡಾ|| ಲೈಟ್, ಡಾ|| ಶ್ರೀಕಂಠ್, ಡಾ|| ಸುಲತಾ ಭಂಡಾರಿ ರೂಪಾ ಅಯ್ಯಂಗಾರ್, ಮಹಿಷಾಲ ರೋಟರಿ ಅಧ್ಯಕ್ಷತೆಕೆಲಾ ರಾಜವರ್ಮ, ಕಾರ್ಯದರ್ಶಿ ವಾಣೀಶ್ವರಿ, ಸದಸ್ಯರು ಉಪಸ್ಥಿತರಿದ್ದರು. ರವಿ ಕಾರಂತ ರೋಟರಿ ಬಗ್ಗೆ ಮಾಹಿತಿ ನೀಡಿದರು.

Udayavani Dt 22.07.2025

Annette Dr Archana Iyengar as Speaker in the weekly meeting on 15.07.2025

ಮಹಿಷಾಲ: ಸಗ್ಗಿಯ ನಮ್ಮೂರ ಗೆಳೆಯರ ಬಳಿಗೆ ಆಶ್ರಯದಲ್ಲಿ ಸಗ್ಗಿ ಪಾದಯ ಬೈಲುಗದ್ದೆಯಲ್ಲಿ ನಡೆಸಿಕೊಂಡು ಬರುತ್ತಿರುವ ಹಡಿಲು ಭೂಮಿ ಬೇಡಾಯ ಮತ್ತು ಗದ್ದೆ ಸಾಟಿಯ ದಕಮಾನೋತ್ಸವ ಸಗ್ಗಿಯಲ್ಲಿ ನಡೆಯಿತು. ಸುಮಾರು 3 ಎಕರೆ ಜಮೀನಿನಲ್ಲಿ ಗದ್ದೆ ನೆಡ ನೆಡಲಾಯಿತು. ಸ್ಥಳೀಯರು, ವಿದ್ಯಾರ್ಥಿಗಳು, ಗೆಳೆಯರ ಬಳಗದ ಸದಸ್ಯರು, ರೋಟರಿ ಸದಸ್ಯರು ಪಾಲ್ಗೊಂಡಿದ್ದರು.

Udayavani Dt 27.07.2025

Paddy Transplantation & Farmer Support Program in association with Gelyera Balaga, Sagri

OBITUARY



Mr. Vittal Nayak, Father of Ann Dr. Veena Vlrupaksha, one of the donors of our club projects passed away on 23.07.2025. Heartfelt condolence & prayers to the bereaved family!



Celebrations

22-Jul Rtn Rathnakar Udyavar	Birthday
22-Jul Rtn Dr H S Shantharam and Ann Vijayalaxmi	Anniversary
26-Jul John Ashish Kumar Ariga s/o Rtn Rajavarma Ariga	Birthday

